



Maryo

Maryo is the wonderful team leader here at Bourne House. He was born in Romania and grew up in a small city in Greece called Arta (which translates to Art).

Maryo loves to spend time hanging out and going out with his friends and is always helping people out. From gardening to participating in charity events – he's always happy to lend a helping hand. He likes dancing and singing with friends and with the residents and is always up for a good time.

Maryo loves to travel and enjoys the well-earned Holiday's that he goes on annually.

As a team leader he has a very broad job of looking after the team, residents and helps with the general running of day-to-day life in-house. He very much get's involved in the social activities program too and loves to sing with the team (of very talented healthcare assistants).

We are very grateful for Maryo with his hard work and constant commitment. If somehow you haven't had a chance to have a chat with him you must say hi – he's got a pretty good sense of humor too!



# Bourne House NEWSLETTER

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WE CAN'T HELP EVERYONE, BUT EVERYONE CAN HELP SOMEONE – RONALD REAGAN



OUR CURRENT RATING

### PET THERAPY

Pets can help to stabilise our blood pressure, reduce stress and feelings of loneliness, and even improve out overall physical and emotional wellbeing.

















### FAMILY





We love it when you visit us and so do your loved ones. Of course we know you come in and see your loved ones all the time, to enjoy our activities, have a catch up, drop things over – it's so appreciated by everyone in the home, us and the Residents.

Here are just a few moments of family and friends spending time together that we have managed to capture during this last month.





### OOMPH OUTINGS

#### OOMPH

Oomph! is an award-winning social enterprise dedicated to transforming the mental, physical and emotional wellbeing of older and vulnerable adults. They provide training, support and services to enable anyone working in care or community settings to deliver outstanding, sustainable activity programmes and outings.

We really enjoy taking your loved ones out and about. If you have any ideas of places we could go to that your loved ones may enjoy please let us know and we'll try to put get it organized.

Here are couple of pictures of our residents enjoying there outings, we've been on picnics, been to tea rooms, galleries, shopping and coffee shops among other things.









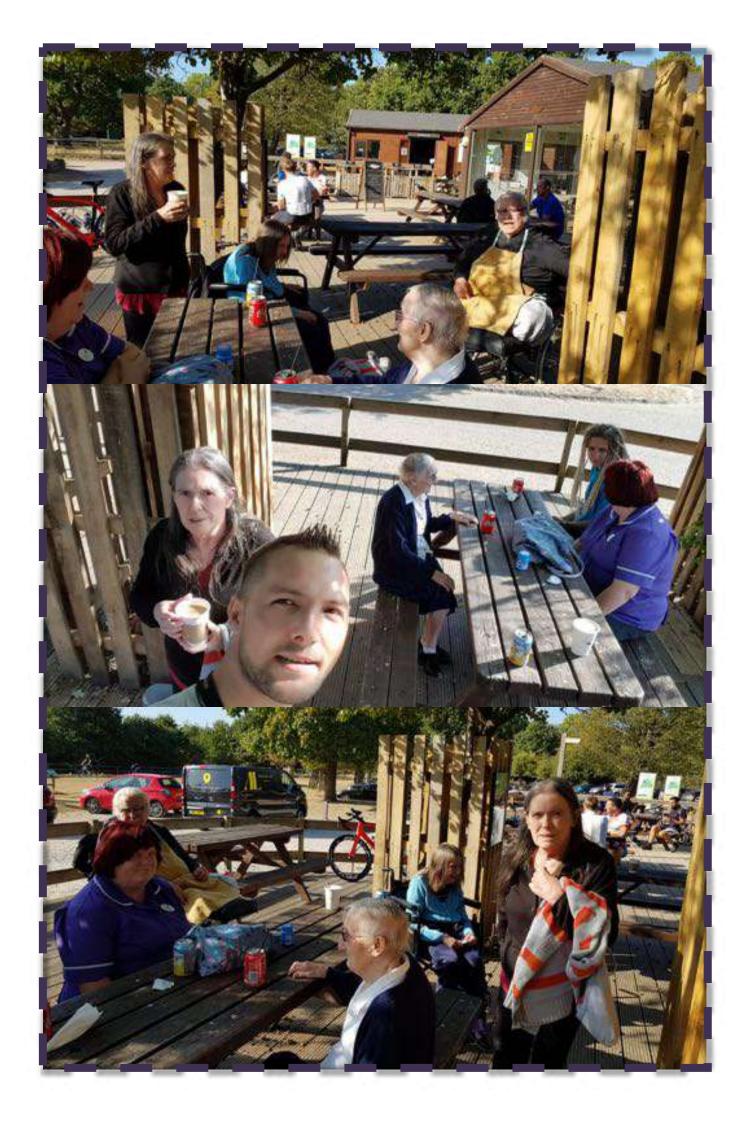












### **BOURNE IN-HOUSE FUN**

Our healthcare assistants and team leaders are extremely talented in many way – here's some pictures of their musical talents doing sing along sessions with your loved ones.



We have been doing some arts and crafts, games, afternoon tea, cinema afternoons along with our monthly visits from Hedley Kay the singer, Bernard doing relaxation and Slow Yoga, Linzi with Music for Health and the band Fool Circle.



## BOURNE HOUSE – THE INTERACTIVE SCREEN



Technology is something that has grown so fast over the years and can often be a little bit confusing and intimidating.

Our interactive screen is amazing and the Residents absolutely love the games, art, videos and all sorts of stimulating things the screen provides.





### STAFF

We celebrated Chitra's birthday! He had a lovely cake and celebrated with his friends here at Bourne House.



We have welcomed our wonderful new Social Activities staff, Jazmin who you will see around Bourne House.

> Our residents do not live in our workplace. We work in their home.



