



Southborough Nursing Home

Your Future Matters



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at Southborough Nursing Home

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# Your Future Matters at Southborough Nursing Home



Southborough Nursing Home is an attractive detached Victorian, character property retaining many of the glorious features and homely atmosphere you would expect. Situated in Surbiton, within the Royal Borough of Kingston upon Thames, this quiet location is right in the heart of prestigious Southborough conservation area. Offering 45 individual rooms, some of which are en-suite, a wide range of facilities and 24-hour expert care.

Set in an ideal location with landscaped gardens, Southborough Nursing Home is part of the Future Care Group - a leading provider of high-quality care homes, dedicated to creating unique settings and delivering outstanding care.

At Southborough Nursing Home we have the expertise and facilities to take care of you or your loved one - care, comfort, compassion and credibility are at the heart of our ethos and our priority is the welfare and happiness of our

residents and staff. The home offers a full range of care options, from nursing care to dedicated support for those living with dementia. Our highly experienced team are committed to enabling our residents to live the life they choose.

Southborough Nursing Home is run as a family home and your loved one will be welcomed and cared for with compassion and comfort always in mind. Our approach to care is centred around family values and we place great importance in working with families and friends as part of the caring process.

We aim to make a difference to the lives of each and every one of our residents, by providing the highest level of care and moments of joy, in a way that is personalised to meet individual needs, interests and preferences - enabling and inspiring each resident to continue to live a meaningful life.

## Care personalised to you

Our approach to care is centred around family values and we place great importance in working with families and friends as part of the caring process.

We aim to make a difference to the lives of each one of our residents at Southborough Nursing Home, by providing the highest level of care and moments of joy, in a way that is personalised to meet individual needs, interests and preferences. Our residents have the freedom and flexibility to live the life they choose, with as much or as little support as needed.

Personalised care plans are shaped around the needs of each individual resident. From daily support with routine activities and personal care to round-the-clock assistance and specialist care, our care team provide a sense of support that enables each resident to continue to live a meaningful life.



# Lifestyle

We focus on promoting self-esteem and ensuring that residents always have a choice, building independence and ensuring they have the necessary support to enable them to nurture current and future interests.

Our activity and social programmes are created to reflect the passions and interests of our residents. With a variety of pursuits readily on offer each week including physical activities, cognitive stimulation, creative pursuits, social events, and on occasion trips and excursions – designed to enrich life and make each day meaningful.

We believe that food is one of life's greatest pleasures – mealtimes matter to our residents and to us. Southborough Nursing Home has an in-house catering team dedicated to meeting each and every resident's dietary requirements.

Menus are prepared in consultation with our residents and cooked from scratch every day using only the best quality and seasonal ingredients.

There are two options at least, every mealtime and alternatives will always be available to suit requests.

# Home Environment

Southborough Nursing Home has an abundance of features for residents to enjoy at their leisure. These include a conservatory, library, luxurious lounges with high ceilings and bright dining spaces. Outside, the home boasts a lovely, well stocked, landscaped garden, which is much loved and used by residents and their families on the warmer days.

Southborough Nursing Home is home to up to 45 residents. Offering dedicated nursing care and dementia care – the home provides outstanding nursing care to male and females over the age of 65, both for long and short-term stays. Southborough Nursing Home has been carefully equipped throughout to meet the individual needs of all residents and to provide a safe and comfortable environment.

We pride ourselves in providing the best possible care in a relaxed, friendly and homely atmosphere with family visits welcomed at any time. Refreshments are always available for visitors and arrangements can be made for residents to dine with their guests in private.

## Home Features

- Stimulating social activity programme
- Library
- Bright dining areas
- Well-kept landscaped gardens / raised bed areas
- Fully equipped hairdressing salon
- Beautiful Victorian architecture
- Welcomes friendly pets
- Pet therapy
- Complimentary Wi-Fi in the lounges
- Rooms with direct access onto a patio
- Free off-road parking

## Levels of Care:

- Nursing care
- Residential care
- Dementia care
- Respite care
- Palliative care

Maximum Number of residents: 45



# Arrange a Visit

We invite you to visit Southborough Nursing Home and see for yourself what life in our home has to offer - take a look around our unique facilities, spend some time with our team and residents. Our door is always open and a warm welcome awaits.



## Directions

From Surbiton train station- Head south on Glenbuck Rd towards Oakhill Path 0.1mi Turn left onto Oakhill Grove 62ft Turn right onto Walpole Rd 0.1mi Turn left onto Upper Brighton Rd 0.2mi at the roundabout take the 4th exit onto Langley Avenue and Southborough Nursing Home can be found on the left.

## Contact Us

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